

# Aging and Behavioral Health

## Additional Resources

### Web:

<https://www.nia.nih.gov/health/sexuality-later-life>

[https://www.huffpost.com/entry/the-power-of-touch\\_n\\_956203](https://www.huffpost.com/entry/the-power-of-touch_n_956203)

<https://www.americansforthearts.org/by-program/reports-and-data/legislation-policy/naappd/the-creative-age-awakening-human-potential-in-the-second-half-of-life>

<https://www.mylifesite.net/blog/post/positive-aging-changing-mindset-growing-older/>

[http://www.elitesd.net/Seniors\\_Mental\\_Health.html](http://www.elitesd.net/Seniors_Mental_Health.html)

<https://www.everydayhealth.com/news/easy-ways-seniors-can-boost-mental-health-well-being/>

<https://www.everydayhealth.com/news/how-live-purposeful-life-after-retirement/>

<https://www.womenshealth.northwestern.edu/blog/link-between-mental-health-and-aging-keeping-brain-young>

<https://www.nimh.nih.gov/health/publications/older-adults-and-depression/index.shtml>

<https://gerontology.usc.edu/resources/infographics/mental-health-aging-population/>